Abstract of the Disclosure

A container closure for flexible storage containers, for example, bottles or tubes, that contain products that are liquid to pasty. The container closure automatically opens like a valve to discharge the product when the storage container is squeezed and is then automatically closed again by the restoring force of the storage container. The container closure has a housing with a centrally arranged, axially displaceable elastic annular disk and an axially displaceable sealing plug arranged centrally below the annular disk, such that the downward axial movement of the annular disk is limited by several stop ridges, and the upward axial movement of the sealing plug is limited by at least one stop ridge.